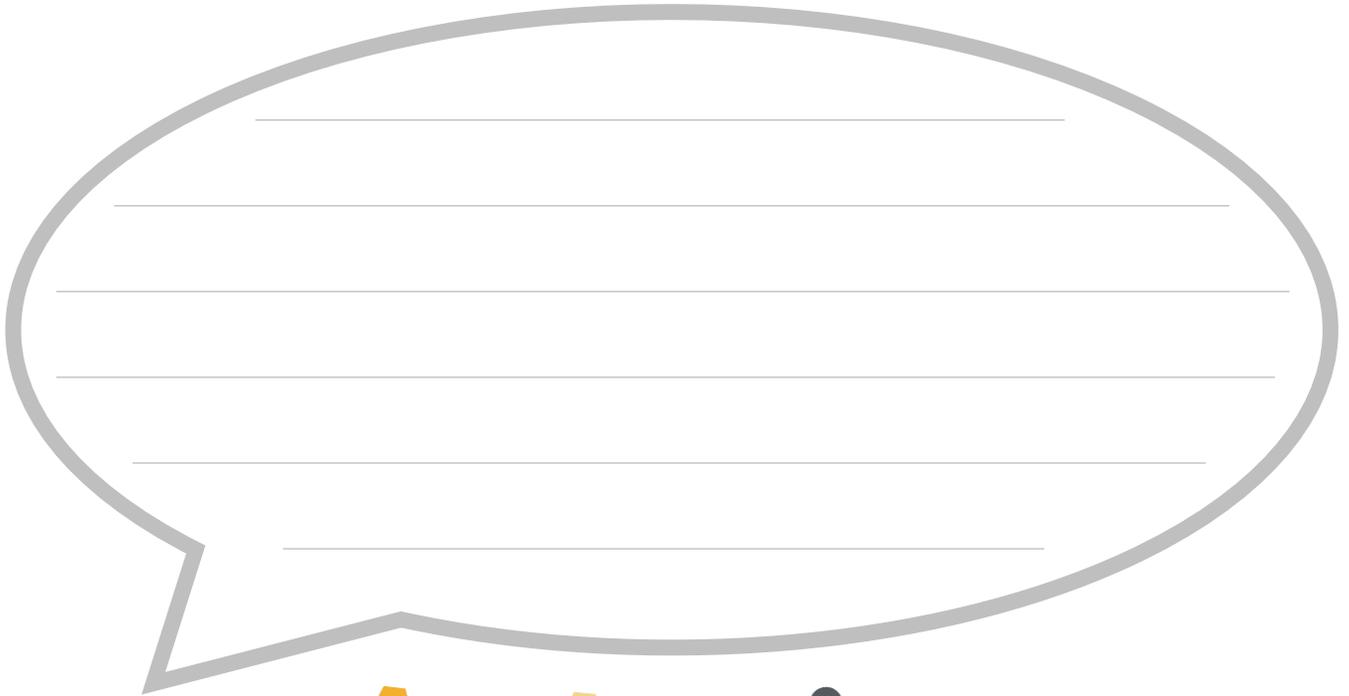


IAL: to observe and describe changes associated with summer.

Pretend you are a news reporter. You are reporting the signs of summer. Write notes for your summer report in the speech bubble below. You could ask an adult to film you doing your summer report.



Things to consider:

- How has the weather changed as we have entered summer?
- How has the temperature changed?
- What has happened to the plants?
- What activities do people do during summer?
- How have the lengths of the days changed?
- Do you wear different clothes in summer compared to other seasons?

IAL: why places of worship are important to people in our community.

Visit St Botolph's church website using the link below.

St Botolph's Church

https://www.stbotolphstjohn.org.uk/coming_events.html

Use the information on the website to help you answer the following questions.

Which community groups or social events happen at St Botolph's Church?

Why might these events be special to believers?

Now watch the video below, and listen to the information about visiting a mosque. Use the video to help you answer the following question.

<https://www.bbc.co.uk/teach/class-clips-video/the-mosque/zmctvk7>

Why do believers visit a mosque?

Discuss the following question with someone in your family.

Why do you think places of worship are important to communities?

IAL: to create a healthy meal.

Read the story of the lighthouse keepers lunch.

This week you have an extra file attached to your work with the story of 'The Lighthouse Keepers Lunch. Before you start this activity, read the story.

Label the items Mr Grinling had in his lunchbox.



What do you think is good about Mr Grinling's packed lunch? Is it healthy? Does it look like it will taste good? Is it a balanced meal?

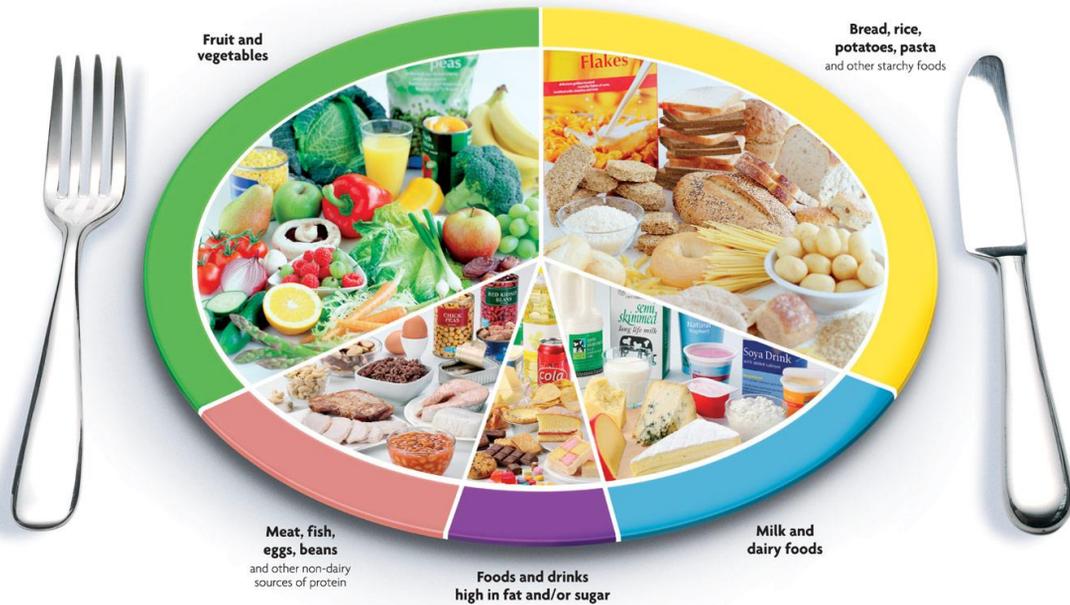
How could you improve Mr Grinling's lunch? Could you make it healthier? Could you make it a more balanced meal?

Look at the eat well plate below.

The eatwell plate



Use the eatwell plate to help you get the balance right. It shows how much of what you eat should come from each food group.



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Using the information from the plate above, have a go at designing your own healthy lunchbox. Try to make sure you have the right quantities of each food group in your lunchbox.

