

Nursery

Week 11 Expressive Arts and Design.

Activity 1

Salt dough food

Can you make the vegetables and fruit you read about in the stories about Oliver?

What vegetables and fruit did Oliver try?

What are your favourite vegetables and fruit?

Follow the salt dough recipe to make your favourite fruit and vegetables.

What happens when you mix the ingredients together?

Can you recognise the numbers that correspond to the amounts you will need for the mixture?

What shapes will you need to mould the dough into?

What happens to the dough when you leave it?

Can you describe how it is different to playdough?

Can you paint the fruit and vegetables in the correct colours?

Does all the food look the same? Can you describe the differences?

Once you have made them you can use them in role play and to support counting—just make sure they don't get mixed up with the real fruit and vegetables!



Salt Dough Recipe.

Ingredients:

2 Cups of flour

1 Cup of salt

1 Cup of water



Method:

- Mix the flour and the salt together in a bowl.
- Stir in the water.
- When the mixture has bound together, tip out onto the worksurface.
- Knead the dough.
- Let the dough stand for 20 minutes.
- Mould the dough into the shapes you need for the fruit and vegetables you are making.
- Leave to air dry until hard or put in an oven for 3-4 hours.
- Once cool, paint the salt dough in the colours you have chosen.