

Nursery week 8

Physical

Activity 1

Cosmic Kids Yoga

<https://www.youtube.com/watch?v=ZvJH8Kbzj54>

<https://www.youtube.com/watch?v=IFbWNmzPByQ>

<https://www.youtube.com/watch?v=obzFP6eEGAg>

<https://www.youtube.com/watch?v=Rzw-Oir8UPw>

Which is your favourite animal pose?

Why did you like this pose?



Activity 2

Join in with these animal songs.

Can you move like the animals?

Follow the instructions so you move in the correct way!

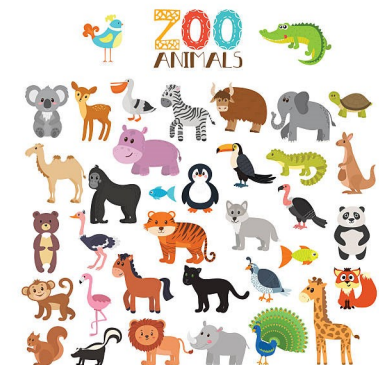
<https://www.youtube.com/watch?v=CT86DI442jA>

https://www.youtube.com/watch?v=25_u1GzruQM

<https://www.youtube.com/watch?v=plvY0quSyJg>

<https://www.youtube.com/watch?v=w6YbSxMhsQ0>

<https://www.youtube.com/watch?v=wCfWmlnJI-A>



Activity 3

Using scissors, can you carefully cut around each of the animal templates?

Make the elephant and monkey by sticking the pieces onto paper in the correct place.

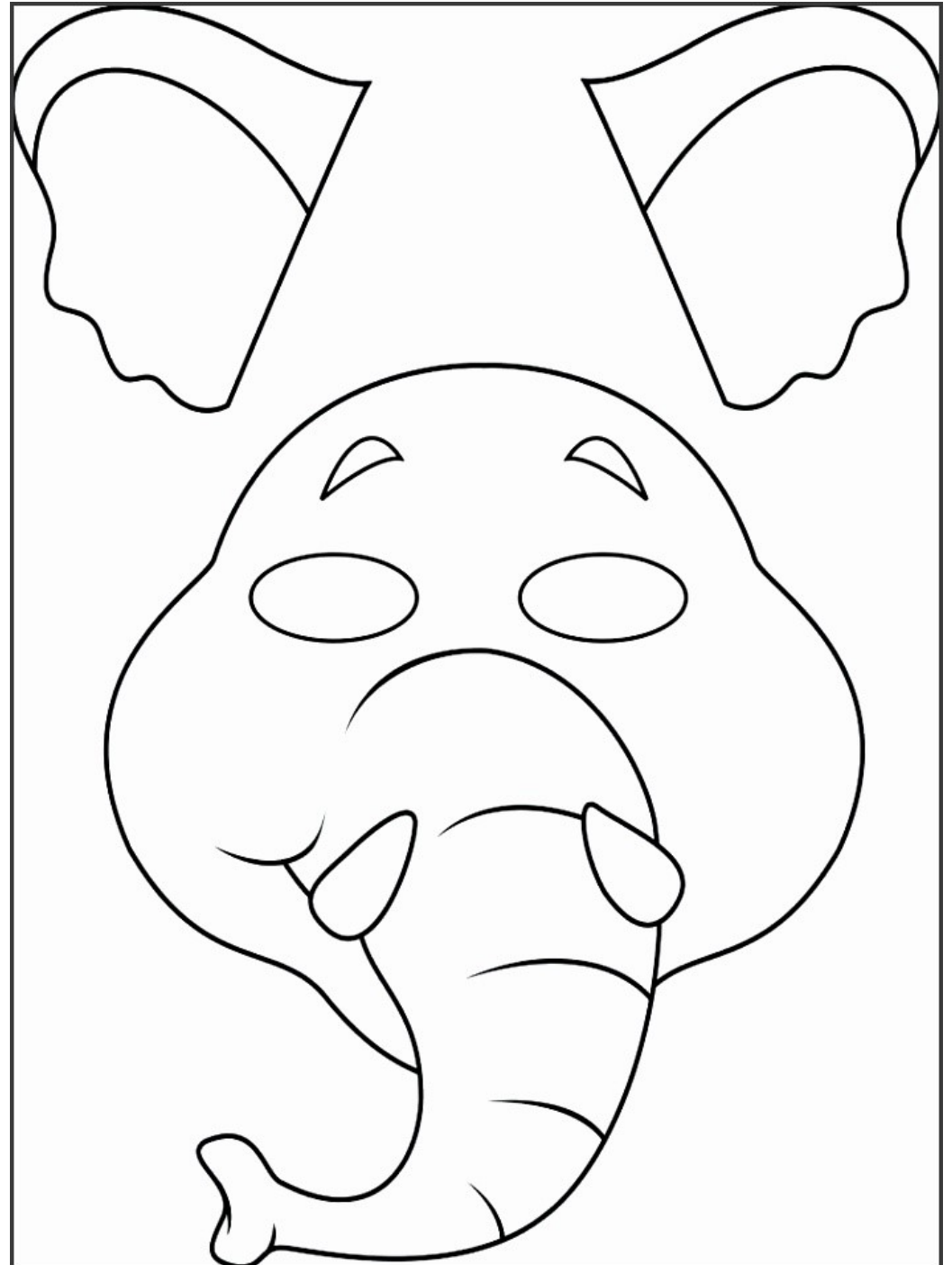
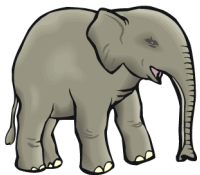
Can you cut around the lions mane? There's lots of zig zag lines so be careful!

You can make your lion into mask.

Think about how each of the animals move?

Do they move in the same way?

Which animal would you like to be?



Mm

Monkey
Puppet

