

Riverside Academy PHSE whole school overview.

		Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
	Unit	Knowing Me, Knowing You	Helping Hands	I Need a Hero	Turrets and Tiaras	Down at the Bottom of the Garden	In the Jungle
Early Years	Prior						
	Future						
Year 1	Unit	My Family and Me	Being the Healthiest Me	Citizenship	Caring for the Wider World	Safe Me	Economics
	Prior	EYFS continuous provision	EYFS continuous provision	EYFS continuous provision	EYFS continuous provision	EYFS continuous provision	EYFS continuous provision
	Future	Y2 My Friends and Me	Y2 Healthy Me	Y2 Jobs in our Community	Y4 Collective Responsibility	Y2 What's the Risk?	Y2 Jobs in our Community
Year 2	Unit	How am I feeling?	My Friends and Me	Healthy Me	Jobs in our Community	My Body	What's the Risk?
	Prior	YI My Family and Me	YI Citizenship	YI Being the Healthiest Me	YI Economics	YI My Family and Me	YI Safe Me
	Future	Y3 Pressures I may Face	Y3 Great Friends Think Alike	Y3 Looking After Me	Y3 People in our Community	Y4 Puberty	Y3 Pressures I may Face
Year 3	Unit	Pressures I may Face	Great Friends Think Alike	Looking After Me	People in our Community	We are Family	First Aid
	Prior	Y2 What's the Risk?	Y2 My Friends and Me	Y2 Healthy Me	Y2 Jobs in our Community	Y1 My Family and Me	YI Safe Me
	Future	Y4 managing Myself and My Behaviour	Y4 Respecting the Individual	Y4 Puberty	Y5 Careers Week	Y4 Responsible Me	Y5 First Aid and Head Injuries
Year 4	Unit	My Feelings and Me	Responsible Me	Respecting the Individual	Managing Myself and My Behaviour	Collective Responsibility	Puberty
	Prior	Y3 Great Friends Think Alike	Y3 We are Family	Y3 Great Friends Think Alike	Y3 Pressures I May Face	YI caring for the Wider World	Y3 Looking After Me
	Future	Y6 My Mental Health and Me	Y5 Online Safety	Y5 Similarities, Differences and Stereotypes	Y6 My Mental Health and Me	KS3	Y5 Growing Up
Year 5	Unit	Similarities, Differences and Stereotypes	Careers Week	Online Safety	First Aid and Head Injuries	Growing Up	What do I know about drugs?
	Prior	Y4 Respecting the Individual	Y3 People in Our Community	Y4 Responsible Me	Y3 First Aid	Y4 Puberty	Y4 Managing Myself and My Behaviour
	Future	Y6 Changing Relationships	Y6 Moving on up	Y6 Living in an Online World	KS3	Y6 Reproduction	Y6 Choices, choices, choices
Year 6	Unit	My Mental Health & Me	Choices, Choices, Choices	Living in an Online World	Changing Relationships	Reproduction.	Moving on up
	Prior	Y4 My Feelings and Me	Y5 What do I know about drugs?	Y5 Online Safety	Y5 Similarities, Differences and Stereotypes	Y5 Growing Up	
	Future	KS3	KS3	KS3	KS3	KS3	KS3